

# daily affirmations



I **love** unconditionally & **enjoy** my life.

The universe is **conspiring** for me in all things.

I take time every day to **be aware** of my feelings.

I am strong, healthy, and **aligned** with my higher self.

The universe is **supporting me** in everything I do.

I allow myself to **feel & let go**.



## joyful ideas



COLORING BOOK



make \_\_\_\_\_

a joyful month



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